



Bhutan

05-12 April 2026

Journey into the heart of the Himalayas to the Buddhist Kingdom of Bhutan on this seven-day experience, crafted by women for women. Move beyond sightseeing to forge genuine connection.

Share meaningful moments with local women who are the focal point of Bhutanese society. Immerse yourself in the kingdom's slow, sacred rhythm and discover Bhutan's profound cultural commitment to preserving its breathtaking natural environment

Details

- Ladies only
- Date: 05-12 April 2026 (7 Nights; 8 days)
- Group size: 6 soul seekers
- All Meals are included
- Activities include hiking, yoga, cooking, meditation
- Activities are subject to change as they may be weather dependent

Highlights

- Meet and connect with local women over a traditional dinner
- Hike to Tigers Nest (Taktsang)
- Visit A nunnery and serve tea to the nuns
- Take part in preparing a traditional meal
- Visit local farmers market and craft school
- Time to slow down and connect to nature in unspoilt beauty, developing a sense of wellbeing and rejuvenation
- Yoga sessions and sharing circles

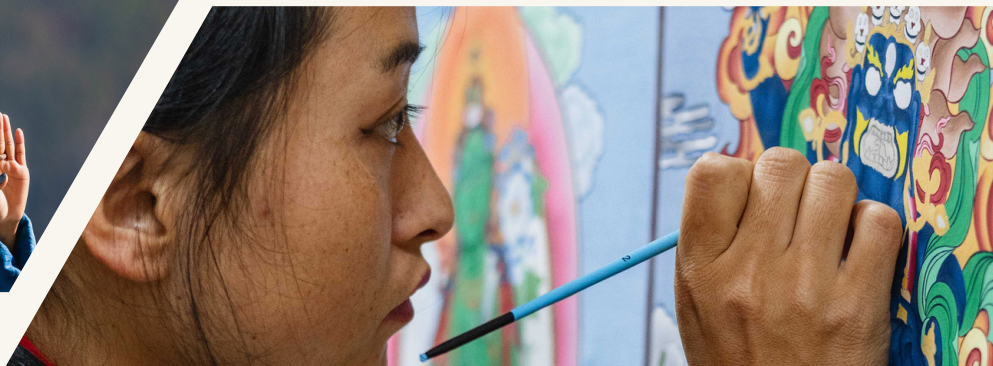
Total Cost

\$3750 Twin Sharing



Contact

Hello@Hawaanaworld.com



Itinerary

Day 1 - Arrival in Paro / Transfer to Thimphu (55 km, 1.5-2 hours drive)

- Private car service from airport to Thimphu
- Check-in to Hotel and lunch at local restaurant
- Time to explore the town and the Memorial Chorten - light Butter Lamps
- Welcome dinner

Day 2 - Experience Thimphu and its people

- Visit Buddha Dordenma Statue - one of tallest in Asia
- Learn about Bhutanese crafts at the Premier Institute of 13 Traditional Arts & Crafts School
- Discover the art of traditional healing with a visit to the Institute of Traditional Medicine.
- A unique dinner to interact with 5 local Bhutanese women, allows you to exchange stories, and experiences of women from all walks of life.

Day 3 - Transfer to Punakha via Dochu La Pass (75 km, 3-4 hours drive)

- Explore Dochu La Pass & 108 stupas
- Yoga at the top of the Dochu La Pass
- Visit the Chimi Lhakhang; the auspicious fertility monastery built in 1499
- Time to unwind and relax

Day 4 - An exciting day exploring Punakha

- Go shopping at a weekly farmers market
- Visit Punakha Dzong, the seat of Government, consecrated in 1637,
- Immerse yourself in nature with an exhilarating walk along the longest suspension bridge in Bhutan, followed by a picnic lunch by the river
- Meet the nuns at the nunnery and serve them their evening tea to gain merit and good Karma.



Itinerary

Day 5 - Transfer to Paro (125 km, 4-5 hours drive)

- Explore the beautiful rice paddies and farmlands of Paro
- Visit the National Museum filled with ancient Bhutanese art and artifacts
- Time to absorb the slow pace of Bhutan and its natural beauty

Day 6 - Hike to the famous Tiger's Nest

- Embark on a moderate hike to the famous Tiger's Nest (Taksang) - one of the most sacred sites for the Buddhists
- The hike is approx 3 hours but will take longer with stops for appreciating the view, taking photos and a rest at a tea house

Day 7 - Experience Paro at a relaxed pace

- Start the day slowly with gentle yoga and meditation
- Try your cooking skills at a local farmhouse - take part in preparing traditional Bhutanese dishes
- Experience Bhutan's traditional archery game and give it a try if you wish!
- Time at your leisure

Day 8 - Time to say goodbye

- Breakfast
- Transfer to the airport

What to pack & Expected weather

- ✓ Comfortable, lightweight layers with warmer layers for evenings
- ✓ A warm jacket, beanie & scarf for colder nights and higher altitudes
- ✓ Light rain jacket just in case (it is typically the dry season in April)
- ✓ Sturdy/comfortable walking shoes
- ✓ Sandals or flip flops
- ✓ Hat, sunglasses, and sunscreen
- ✓ Personal medications and toiletries
- ✓ Small backpack for daily activities
- ✓ Phone chargers and adapters

April stands out as one of the premier travel months in Bhutan, offering warm average daytime temperatures, average nighttime temperature, and clear skies, which are ideal for trekking and sightseeing.

Temperatures are variable depending on location and altitude however typically they will range from 8-22° C.





Included

- All meals (Breakfast, Lunch & Dinner)
- Accommodation (twin sharing)
- All transportation within Bhutan, including airport transfers
- Licensed English-speaking guide and private driver
- All activities listed
- Entrance fees for museums and monuments
- Bhutan visa fee (USD 40, one time)
- Sustainable Development Fee (SDF) of USD 100 per person per night
- Royalty, government taxes & airport tax

Not Included

- International flights to/from Bhutan
 - Travel insurance
 - Personal expenses, including:
 - Laundry
 - Drinks & bottled water
 - Camera fees
 - Tips, porters, bellboys
 - Any incidental expenses
 - Any services not listed under “What’s Included”
 - Expenses caused by unforeseen events (strikes, weather, political unrest, etc.)
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Important Information

1. Bhutan visas are issued only by the Bhutan Ministry of Foreign Affairs
 - Visa processing is handled for you
 - Once approved, you will receive a Visa Clearance Letter by email
 - You must carry this letter to board your flight
 - The visa is stamped in your passport upon arrival in Bhutan
 - Passport valid for at least 6 months from date of travel
2. Bhutan government charges a Sustainable Development fee of \$100 per person per day. This is already included in your trip cost and supports Bhutan's policy of high value LOW IMPACT tourism.
3. Bhutan has only two national airlines: Drukair and Bhutan Airlines. Direct flights to and from our international airport in Paro connect you to the following countries: UAE (Dubai), Bangladesh (Dhaka), India (Bagdora, Gauhati, Kolkata and New Delhi), Nepal (Kathmandu), Singapore, and Thailand (Bangkok).

Since seats are limited on Drukair and Bhutan Airlines, it is essential to book early - we will therefore be asking for your urgent confirmation so that we can secure your seats. The costs for these tickets are not included in the trip cost and we will request payment thereof upfront.

You will have to take care of the international flights to one of the above connecting airports. We advise you to keep 24 hours connection time between Druk Air/Bhutan Airlines and Int'l flights in case of unforeseen delays.

4. Three different electrical plugs are used throughout Bhutan: the British plug (three square pins), the European plug (two round pins) and the Indian plug (three thick round pins). It's a good idea to bring adaptors for all three.
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For Further Inquiries please
contact

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